

Press release

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Basic information

Name: Pernille Christiansen Skovlund
61309177

Email: pernille.skovlund@oncology.au.dk Phone: +45

Department of: Clinical Medicine

Main supervisor: Kirsten Lomborg

Title of dissertation: Patient-reported outcomes as a dialogue-based tool in consultations between patients with metastatic melanoma and their physicians

Date for defence: March 25, 2021 at (time of day): 14.00 Place: Online via Zoom

Press release (Danish)

Afprøvning af kommunikationsværktøj baseret på oplysninger rapporteret af patienter

I løbet af det seneste årti har behandlingen af metastatisk melanom ændret sig markant. Således er både prognosen og forventningerne til fremtiden forbedret. Næste naturlige skridt er at fokusere på sundhedsrelateret livskvalitet og håndtering af sygdommen i hverdagen. Et nyt ph.d.-projekt fra Aarhus Universitet, Health, gør netop dette. Projektet er gennemført af Pernille C. Skovlund, der forsvare det d. 25/03 2021.

I løbet af det seneste årti har behandlingen af metastatisk melanom ændret sig markant. Således er både prognosen og forventningerne til fremtiden forbedret. Næste naturlige skridt er at fokusere på sundhedsrelateret livskvalitet og håndtering af sygdommen i hverdagen.

Formålet med ph.d.-projektet var at undersøge, om et nyt kommunikationsværktøj i konsultationen mellem patienter med metastatisk modernærkekræft og deres medicinske kræftlæge kan forbedre samtalen mellem parterne, så den støtter patienterne i at håndtere livet med kræft.

Kommunikationsværktøjet fokuserer på det, som patienterne finder vigtigst at tale om og få hjælp til i konsultationen.

Patienter med metastatisk modernærkekræft har været involveret i store dele af selve forskningsprocessen for at sikre et relevant og anvendeligt projekt for målgruppen. I ph.d.-projektet er kommunikationsværktøjet udviklet, der er arbejdet med kvalitetssikring af implementeringsprocessen og værktøjet er afprøvet i et kontrolleret sammenligningsstudie.

Overvejelser om implementering, metode og resultater af sammenligningsstudiet præsenteres og diskuteres i forsvaret. Forsvaret af ph.d.-projektet er offentligt og finder sted den 25/03 kl. 14.00 online via Zoom. Titlen på projektet er "Patient-reported outcomes as a dialogue-based tool in consultations between patients with metastatic melanoma and their physician". Yderligere oplysninger: Ph.d.-studerende Pernille C. Skovlund, e-mail: pernille.skovlund@oncology.au.dk, tlf. +45 6130 9177.

Bedømmelsesudvalg:

Professor Peter Christensen - chairman of the committee and moderator of the defence

Department of Clinical Medicine, Aarhus University Hospital

Professor Sophie Staniszevska

Research in Nursing, Warwick Medical School University of Warwick

Professor Jette Ammentorp

Centre for Research in Patient Communication, Department of Clinical Research, University of Southern Denmark

Press release (English)

Testing of a dialogue-tool based on patient reported outcomes

During the last decade, treatment of metastatic melanoma has changed significantly. Thus, both prognosis and expectations for the future have improved. Now a focus on health-related quality of life and coping with disease in everyday life is warranted. This focus is present in a new PhD project. The project was carried out by Pernille C. Skovlund, who is defending her dissertation on 25/03 2021.

During the last decade, treatment of metastatic melanoma has changed significantly. Thus, both prognosis and expectations for the future have improved. Now a focus on health-related quality of life and coping with disease in everyday life is warranted.

The purpose of the PhD project was to investigate whether a new dialogue-tool in the consultation between patients with metastatic melanoma and their medical oncologist can improve the conversation between the two and provide patients with support in coping with life with cancer. The idea behind the dialogue-tool is to focus on what patients find most important to talk about and get help with in the consultation.

To ensure a relevant and useful project for the target group, patients with metastatic melanoma have been involved in large parts of the research process.

In the PhD project, the dialogue-tool has been developed, work has been done on quality assurance of the implementation process and the tool has been tested in a controlled comparison study.

Considerations regarding implementation, methods and results of the controlled comparison study are presented and discussed at the defense. The defence is public and takes place on 25/03 at 14.00 online via Zoom. The title of the project is Patient-reported outcomes as a dialogue-based tool in consultations between patients with metastatic melanoma and their physicians. For more information, please contact PhD student Pernille C. Skovlund, email: pernille.skovlund@oncology.au.dk, Phone +45 6130 9177.

Assessment committee:

Professor Peter Christensen - chairman of the committee and moderator of the defence

Department of Clinical Medicine, Aarhus University Hospital

Professor Sophie Staniszevska

Research in Nursing, Warwick Medical School University of Warwick

Professor Jette Ammentorp

Centre for Research in Patient Communication, Department of Clinical Research, University of Southern Denmark

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